

Tutors

David Furlong Dip. SR, FCOH, ITEC, grew up in a family which practised 'spiritual' healing and from an early age developed a deep interest in all facets of this subject. He was one of the founders of the College of Healing and has over forty years experience in working and teaching in the therapeutic fields. He is the author of five books including **The Healer Within; Healing Your Family Patterns** and **Working With Earth Energies**. He has a busy therapeutic practice, which focuses on helping individuals with mental, psychological and spiritual issues. In more recent years David has been deeply involved with the educational development of Spirit Release Foundation courses and also runs workshops in Earth Energies and Ancestral Healing. He has recently launched a new company [SRF (Universal) Ltd] to further expand an awareness on the importance of 'soul' consciousness to transform our lives.



Frida Maria Dip.SR ITEC & BCMA reg is a Reiki Master and Healer, attuned in the Usui system. In addition she is a qualified masseuse, nutritional advisor and a sound healer. She has worked as a Spirit Release Therapist for the past eight years and has been involved with the development of the Spirit Release Foundation educational programme where she has helped run and teach on the training courses. She is highly gifted as an intuitive healer.



Booking Information

Introductory Course dates 2012

Sat/Sun 11 – 12 February

Sat 30 June – Sun 1 July

Sat/Sun 8 – 9 September

Sat/Sun 3 – 4 November

Fees: £179 or **£185** if paid by credit card through PayPal (Note: This covers the £6:00 PayPal charge to us). See below for member's reductions.

Booking: To make a booking please send a **£50** deposit. Spaces on the course are limited to a maximum of 12 people so you are encouraged to book early.

Venue: Central London (WC1), within a short walking distance of Euston, King's Cross/St Pancras Stations.

Payment: Can be made through PayPal via the following link: www.spiritrelease.org/payments or by cheque made payable to **SRF (Universal) Ltd** and sent to the address below.

Balances: Payment balances must be paid a minimum **30 days** before course commences.

Membership: By becoming a member of the Spirit Release Forum you will receive substantial benefits in reduction of course fees for future courses as well as keeping abreast of all of the latest information and developments. Join now at the time of making your booking and receive a £10:00 discount on the normal £30:00 per annum fee. **Please note:** It is a prerequisite that you are a member if you wish to attend the professional training programme.

Contact and Information

For further information about spirit release, training courses or membership please visit the Forum's website www.spiritrelease.org or write to:

The Secretary, SRF (Universal) Ltd, Myrtles, Como Rd, Malvern, Worcs WR14 2TH Tel: 01684 - 560725 or email: spiritrelease@dsl.pipex.com

A Training Course

Spirit Release



and Soul - Centred Healing

This stand-alone course explores the first steps in spirit release therapy and is open to practitioners, carers and those interested in this field

Venue:
Central London

A training course with the Spirit Release Forum

The Spirit Release Therapist

In today's multicultural society there are many individuals who are convinced that they are possessed or affected by disturbed spirit energies. Experience has shown that the causes of this are complex and involve both belief systems as well as imbalances between the 'Core Self' or psyche and the mind and body. From a spiritual perspective it is known that spirits can, on occasions, become stuck or 'earthbound' after the death of the physical body and then attach themselves to an individual. There are a number effective techniques that can be adopted to release these attached spirits, yet this is rarely the only cause of the problem, for many other psychological issues are also involved. The Spirit Release Therapist learns to work creatively their clients to sort through the causes of any trauma, helping the client back into a state of homeostasis.

This Introductory Course

This stand alone course provides a basic understanding of Spirit Release and Soul Centred Healing. It is open to all and runs over 2 days. Please check the website for additional supportive material and booking conditions.

This course is an introduction to the therapeutic issues that arise when imbalances occur between the psyche, soul or 'Core Self' and the mind of a human being. Such imbalances, which includes dissociative disorders and trance states, can lead, on occasions, to spirit invasion or attachment. These issues are explored in the training. This course is a prerequisite for more thorough training offered by the Spirit Release Forum, which can lead to becoming an Accredited practitioner and ultimately, upon satisfying further requirements, the award of a Diploma in Spirit Release. Details of our training programmes can be found on the Forum's website.

Course Content

The course is experientially based and lays the foundation for understanding the link between the psyche (soul) or 'Core Self' and the mind/body. In addition the programme includes information on why spirits get stuck and the methods that can be used for their release.

Day 1

Spirit Attachment and Spirit Release – What are they?

Finding Your Inner Centre - Self-awareness and balancing exercise to help you access both your 'Core' and 'Higher' Self and to learn how to ground these energies within your body.

The Nature of the Psyche - Understanding the dynamics of the balance between the psyche/soul, mind, emotions and body.

Psychic Protection - How do we protect ourselves from mental intrusions using transpersonal techniques.

The Cycle of Life - From birth, through death between lives and reincarnation. Why spirits become earthbound.

Demonstration of an Earthbound Release

Practical Exercise – Part 1 and 2 - Working in pairs to build your inner guidance system and work with your guide to release an 'earthbound' spirit in relation to a place.

Feedback and discussion (Finish at 17:30)

Day 2

Range of Cases – illustrating different aspects of spirit release

Consciousness and Psychiatric Disorders Dissociative disorders, trance states, soul fragments, thought forms and so on.

Attachment or Sub-Personality? – Differentiating between earthbound spirits, sub-personalities and soul fragments.

Group Exercise – Connecting to your inner sub-personalities.

Discussion and ending (Finish at 16:30)

Further Training

Training to Become a Spirit Release Therapist

For those who wish to become an accredited Spirit Release Therapist an additional four weekend training is available for members. Starting in November 2012 with further modules in January, February and March 2013 the course explores in depth the issues that give rise to spirit attachment and spirit invasion and the steps that can then be taken to help an individual both process their inner issues and release any attached disruptive energies. The training is run in a nurturing environment that allows participants to experientially share together and work through the processes that are involved. Please see the website for further details.

After completion of the basic course students can go on, through further studies and training to gain a Diploma in Spirit Release.

Courses on Related Topics

In addition to the Practitioner Training we offer a variety of one and two day courses in fields such as Ancestral Healing, Space Clearing and Soul Retrieval together with ongoing professional development that is open to all. Please check out the details on our website.

